

## **Daily Schedule**

### **Monday**

2pm – 3pm: Report to the Hawkins Athletic Complex.  
3pm – 3:30pm: Move in to Residential Hall.  
4pm: Welcome by Perry Thomas Head Coach at Hawkins Complex  
4:30 pm: Assign lockers for camp  
5:00 pm: Practice session on field  
6 pm: Dinner in Winters Hall  
7:30 pm: Workout Session  
9 pm: Hawkins Complex for guest speaker  
10:30 pm: Report to rooms  
11 pm: Lights out

### **Tuesday**

7 am: Wake-up  
7:30 am-8:15 am: Breakfast in Winters Hall  
8:20 - 9 am: Guest speaker in Hawkins  
9:20 pm-11:30 pm: Practice  
12 pm-1 pm: Break for lunch  
1pm: FCA program/Highlight video in Hawkins  
2:50 pm-5:00 pm: Practice Session on field  
6 pm: Dinner  
7:30 pm-9 pm: Pool time  
9 pm: Hawkins Complex for guest speaker  
10:30 pm: Report to rooms  
11pm: Lights out

### **Wednesday**

7 am: Wake-up  
7:30 am-8:30am: Breakfast  
9 am: Guest speaker Hawkins/field  
9:10 - 11:00 am: Practice session and Obstacle Course Challenge  
11am - 11:30 am- awards ceremony/ Head Coach Perry Thomas - End of Camp  
11:30 – noon- Check out of residential hall and head home